

Central Sydney Area Health Services Drug Health Services

Service Guide

Services are free

How to refer

- If you **do** wish to maintain continuity with patient:
 - Complete referral form and fax to Drug Health Services Centralised Intake 9515 8970
 - Tell patient to phone Drug Health Services Centralised Intake to make appointment 9515 6311
- If you **do not** wish to maintain continuity with patient:
 - Tell patient to phone Drug Health Services Centralised Intake to make appointment 9515 6311

Centralised Intake operates between 8.30 am and 5.00pm Monday to Friday

Service Streams

- **Specialist Medical Outpatient Clinics**

Clinics are staffed by drug and alcohol specialists and psychiatrists. Common conditions managed are alcohol dependence, prescription benzodiazepine or opioid dependence, chronic pain and associated dependence. (*Canterbury Community Health Centre, Concord & Royal Prince Alfred Hospitals*)
- **Counselling**

Counselling builds an interpersonal relationship to enable people to develop understanding about their behaviour and to make changes in their lives. Counselling is available for anyone affected by issues related to substance use. Family members can also attend for information and advice. (*Concord & Royal Prince Alfred Hospitals, Ashfield & Canterbury Community Health Centre*)
- **Smoker's Clinic**

The Smoker's Clinic provides behavioural intervention and support for people who are highly dependent on nicotine and/or who have tried many times to stop smoking without success. **NB** If pharmacotherapy is recommended this is to be purchased by the patient. (*Royal Prince Alfred Hospital – bookings through Respiratory Service Phone:95158613*)
- **Outpatient Withdrawal Management**

This service offers medicated and selective detoxification. It caters to patients expected to experience uncomplicated, mild to moderate withdrawal with no concurrent medical or mental health issues. (*Canterbury Community Health Centre*)
- **Inpatient Withdrawal Management**

Patients who require closer monitoring during withdrawal over 5 – 7 days can be admitted as an inpatient. This program offers medicated and selective withdrawal management for those who are dependent on one or more substances. (*Rozelle Hospital, McKinnon Unit*)
- **Residential Rehabilitation**

A 4-week program based on cognitive behavioural therapy offers educational groups, individual counselling and discharge planning. Patients must be substance free so withdrawal prior to admission is necessary. (*Rozelle Hospital, Palm Court*)

The above three services all offer comprehensive assessment and referral to ongoing treatment.
- **Opioid Pharmacotherapy**

Pharmacotherapy clinics offer a comprehensive and closely monitored program which supports patients to make lifestyle changes while undergoing maintenance therapy. Most patients are assigned a case-manager to ensure the best outcome for the individual. Once patients are stabilised they are encouraged to collect their medication from community pharmacies. (*Canterbury Community Health Centre & Royal Prince Alfred Hospital*)
- **REPIDU (Resource & Education Program for Injecting Drug Users)**

Injecting equipment, safe disposal services (including containers) and safe sex resources are available from primary outlets, outreach services (Redfern & Riverwood) and by home delivery. Information, health education, referral to treatment, legal and support services are also available.

Campsie, 63 Tudor Street 9718 2636
Redfern, 151 Pitt Street 9699 6188 or 0419 801 997

