

Parenting Education & Support Programs in the Central Sydney Area Health Service,
incorporating the InnerWest Sector for Term 2, 2003.

Organisation	Program	Location	Target Group	Format	Cost	Childcare Y/N	Date/Time	Contact
Wilkins Public School	English Classes	Park Rd Marrickville	Beginning Speakers Basic Reading & Writing	Teacher from Petersham TAFE leads the lessons	Nil	No	Wednesdays 9:15 - 12:15 School Terms	
Drummoyne Community Centre	Triple P - Positive Parenting Program	Abbotsford Primary School & Drummoyne Community Centre	Helps parents gain confidence and competence with children 0-12yrs	4 group sessions x 2 1/2hr plus 4 x 15-30min telephone sessions	\$20 to cover materials	Childcare for the daytime session	14 th May Wed 10-12.30 14 th May Wed 7-9.30pm	Ros 9719 8102
Good Beginnings, Parents as Teachers, Early Childhood Health Service, Lakemba SaCC	Playgroup	Wiley Park Public School Hall	Parents with children 0-5	Weekly during school term	Nil (donation appreciated)	N	Thursdays 9 - 11 am	Kim Harley, Jenny Sharer- Smith, Wendi Etherington 0404 015 001
Parents as Teachers, Early Childhood Health, Lakemba & Punchbowl SaCCs	'Understanding & enjoying your new baby' groups	Group 1: Lakemba School as Community Centre Group 2: Punchbowl School Community Room	First time parents and babies up till 6 months	A 5 week group for new parents	Nil	N	Group 1: Friday 10.00 - 11.30 May 2- May30 Group 2: Friday 10.00 - 11.30 June 6 th - July 4 th	Lakemba ECHC 9759 2034 Roselands ECHC 9750 7452 Kim Harley 9740 3770

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Pathways Early Childhood Intervention	Family support Group	Pathways	Children with additional needs and their families	Once a term	free	By arrangement	Term 2 (call to confirm)	Sylvana Mahmic (02) 9572 8840 pathwayseci@hotmail.com
Pathways Early Childhood Intervention	Hannen Communication training for families	Pathways	Children with additional needs and their families	Term 2 (13 weeks)	\$20	By arrangement	Term 2 (call to confirm)	Sylvana Mahmic (02) 95728840 pathwayseci@hotmail.com
Pathways Early Childhood Intervention	How to use Boardmaker	Pathways	Children with additional needs and their families	Single session	free	By arrangement	Term 2 (call to confirm date)	Sylvana Mahmic (02) 95728840 pathwayseci@hotmail.com
Leichhardt Women's Community Health Centre Inc.	Childbirth and Early Parenting	Parent Education Centre, RPA Women and Babies, Level 5, East wing of RPA Hospital, Missenden Road, Camperdown	Cantonese-speaking Chinese pregnant women	A 7-week program using didactic format with group discussion and activities	\$70 per couple. No fee for women having baby at RPA H	No	2/5/03-13/6/03 (10am-12:30pm)	Tammy Wong 9560 3011 or 0425 267 927
Good Beginnings Connect	Multicultural Play & Learn Session	Lewisham & Dulwich Hill Public Schools	Open to all parents & carers with children under 5 years	Support & Information provided during Sessions	Nil	N	9.30-11.30 Mondays, Wednesdays, Fridays	Jenny 9550 0419
Good Beginnings & Parent as Teachers	Multicultural Play & Learn Sessions	Wiley Park Public School	Open to Parents with children under 5 years	Support & Information provided during Sessions	Nil	N	9.00-11.00 Thursday	Jenny 9550 0419 Kim 9740 3770
UnitingCare HarrisCommunity Centre	Baby Massage	97 Quarry Street, Ultimo	* Parents and babies * Chinese parents and babies	3 x 1.5 hour sessions	\$10 per session	N		Ana Maria Soto 9552 1140

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UnitingCare Harris Community Centre	Playgroup	97 Quarry Street, Ultimo	Parents/carers of 0 to 5 year olds	Weekly x 2 hours, school terms	\$2 per session	N	10.30-12.30 Thursdays	Rebecca Yee 9552 1140
Pacific Islands Council	EC Health & Education for Pacific Islander Families	Playroom & Community Room in grounds of Marrickville West Public School, cnr Livingstone Rd & Beauchamp St, Marrickville	Pacific Islander families, parents, grandparents and carers	Weekly sessions February to June 2003	Nil	Y 10.00-12.00md	Thursdays: Cup of tea from 9.30am Guest presenters 10.00-12.00md Lunch 12.30pm	Mere 9789 3744
Tresillian Family Care Centre	Preparing for Parenthood for Expectant Couples	Tresillian Family Care Centre McKenzie Street Belmore	Expectant Couples	Single Sessions	\$10 per person, \$15 per couple	N	* Saturday 7 th June 10.00-1.00pm * Saturday 18 th Oct 10.00-1.00pm	Anne Kulcsar 9787 0869
Tresillian Family Care Centre	Toddler Management and Parenting Issues	Tresillian Family Care Centre McKenzie Street Belmore	Families with toddlers	Single Sessions	\$10 per person, \$15 per couple	N	* Saturday 17 th May 10-1.00pm * Monday 28 th July 6.30-9.00pm	Anne Kulcsar 9787 0869
Tresillian Family Care Centre	Sleep & Settling 0-6 months	The Carrington Centre, 2 Carrington St, Campsie	Parents with infants 0-6 months	Single Session	Free	N	* Wednesday 25 th June 10-12md	Anne Kulcsar 9787 0869
Tresillian Family Care Centre	Sleep & Settling 6-12 months	The Carrington Centre, 2 Carrington St, Campsie	Parents with infants 6-12 months	Single Session	Free	N	Wednesday 21 st May 10-12md	Anne Kulcsar 9787 0869

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Tresillian Family Care Centre	Toddling Twins	Tresillian Family Care Centre, 2 Second Avenue, Willoughby	Parents with twin toddlers	Single Session	\$10 per person, \$15 per couple	N	Monday 5 th May	Anne Kulcsar 9787 0869
Tresillian Family Care Centres	PND Group	Tresillian Canterbury	Mothers with Postnatal Depression	2 hours weekly x 8. Closed group	\$66 for group \$20 for babysitting	Yes	Thursday 10:00am-12:00pm	Carol Launders 9787-0836
Tresillian Family Care Centres	Stress Management Group	Tresillian Canterbury	Anxious/ stressed mothers	2 hours x 2 or single session	\$20 (cover administration costs eg handouts)	Yes		Mary Farag 9787-0832
Tresillian Family Care Centres	Toddler Group	Carrington Centre Campsie	Mothers with toddlers aged 1-3 years	2 hours x 6	\$20 (cover administration costs eg handouts)	Yes	Wednesday 10:00am-12:00pm	Mary Farag 9787-0832
Anglicare Marrickville Family Support	Parenting with a Mental Illness	Anglicare 44 Frampton St Marrickville	Parents with a Mental Illness living in Marrickville LGA	Weekly for 10 weeks (pilot program)	Nil	Y	Term 2 2003	Lucy or Jenny 9560 8622
Ashfield Municipal Council	Sleep and Settling Techniques	Lvl 2 Civic Centre 260 Liverpool Rd Ashfield	Parents w children 0-5	Single Session	Nil	Y	Monday May 5 6.30-8.30pm	MUST Book 9716 1844
Ashfield Municipal Council	Fussy Feeders	Lvl 3 Civic Centre 260 Liverpool Rd Ashfield	Parents w children 0-5	Single Session	Nil	Y	Monday 12 May 6.30-8.30pm	MUST Book 9716 1844
Ashfield Municipal Council	Common Illnesses in Toddlers, Falls & Accidents	Lvl 2 Civic Centre 260 Liverpool Rd Ashfield	Parents w children 0-5	Single Session	Nil	Y	Monday May 19 6.30-8.30pm	MUST Book 9716 1844

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Ashfield Municipal Council	Temper Tantrums & Tantrum Management	Lvl 2 Civic Centre 260 Liverpool Rd Ashfield	Parents w children 0-5	Single Session	Nil	Y	Monday May 26 6.30-8.30pm	MUST Book 9716 1844
Ashfield Municipal Council	Toilet Training	Lvl 2 Civic Centre 260 Liverpool Rd Ashfield	Parents w children 0-5	Single Session	Nil	Y	Monday June 2 6.30-8.30pm	MUST Book 9716 1844
Ashfield Municipal Council	Getting the Most Out of the Parenting Years	Lvl 2 Civic Centre 260 Liverpool Rd Ashfield	Parents w children 0-5	Single Session	Nil	Y	Monday June 16th 6.30-8.30pm	MUST Book 9716 1844
Ashfield Municipal Council	Building Confidence & Self Esteem	Lvl 2 Civic Centre 260 Liverpool Rd Ashfield	Parents w children 6-12	Single Session	Nil	N	Thursday May 22 nd 6.30-8.30pm	MUST Book 9716 1844
Ashfield Municipal Council	Behaviour Management & Anger Management	Lvl 2 Civic Centre 260 Liverpool Rd Ashfield	Parents w children 6-12	Single Session	Nil	N	Thursday May 29 th 6.30-8.30pm	MUST Book 9716 1844
Ashfield Municipal Council	Secrets to Successful Play/Value of Play	Lvl 2 Civic Centre 260 Liverpool Rd Ashfield	Parents w children 6-12	Single Session	Nil	N	Wednesday June 11 th 6.30-8.30pm	MUST Book 9716 1844
Ashfield Municipal Council	Children/Teenagers Getting Along with Each Other Within a Family	Lvl 2 Civic Centre 260 Liverpool Rd Ashfield	Parents w children 6-12	Single Session	Nil	N	Wednesday August 6 th 6.30-8.30pm	MUST Book 9716 1844

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Ashfield Municipal Council & Centacare	Hey Dad!	TBA	Fathers with children of all ages	5 week program	Nil	N	Beginning in May	Contact Ashfield Council 9716 1844
Ashfield Municipal Council	Understanding Adolescence & Your Teenager	Lvl 2 Civic Centre 260 Liverpool Rd Ashfield	Parents w teenagers	Single Session	Nil	N	Wednesday June 18 th 6.30-8.30pm	MUST Book 9716 1844
Ashfield Municipal Council	Relationship Skills	Lvl 2 Civic Centre 260 Liverpool Rd Ashfield	Parents w teenagers	Single Session	Nil	N	Wednesday June 25 th 6.30-8.30pm	MUST Book 9716 1844
Ashfield Municipal Council	Teaching Teenagers Responsibility	Lvl 2 Civic Centre 260 Liverpool Rd Ashfield	Parents w teenagers	Single Session	Nil	N	Wednesday July 2 nd 6.30-8.30pm	MUST Book 9716 1844
Ashfield Municipal Council	Teenagers/Children Getting Along with Each Other Within a Family	Lvl 2 Civic Centre 260 Liverpool Rd Ashfield	Parents w teenagers	Single Session	Nil	N	Wednesday August 6 th 6.30-8.30pm	MUST Book 9716 1844
Rosemount Youth & Family Services	Adolescence - The Wonder Years	Rosemount Y&FS 440 Marrickville Rd, Marrickville	Parents w adolescent children	6 x 2 hour sessions	Nil	N	TBA	Julie Robinson or Helen Ahern 9560 4588

Attention Service Providers!

You have possibly received this calendar through the Families First Child and Family Inter-Agency network. If you would like to receive and contribute to this calendar each term, please email directly to: Kylie Gregory, Parenting Co-Ordinator for Central Sydney Area Health Service, at kylie.gregory@email.cs.nsw.gov.au or if you would prefer a printed copy, mail to Kylie Gregory at Rivendell Adolescent Service, Hospital Road, Concord West, 2138 or fax to 9743 6264. Or alternatively telephone me on 9736 9831 (Monday, Tuesday, Wednesday).

Regards,
Kylie