

NESB Carer Support Project

Are your clients being care for by someone at home ?

If they are, would their carers be interested in joining support group?

The *NESB Carer Support Project* of the *Transcultural Mental Health Centre* has recently established a number of language-specific carer support groups in different areas across Sydney, for carers who look after a family member or friend with a mental health problem. Some of these mental health problems are severe depression, bipolar disorder, schizophrenia and all forms of dementia.

The support group offers information, support and educational activities to carers who are from different ethnic backgrounds. The table below shows the language-specific support groups that have recently been established by the bilingual group leaders (BGLs). These groups meet monthly and if you would like more information or make a referral, please phone relevant contact person(s) below.

Language	Where	When established	Contact person(s)
ARABIC	<u>Campbelltown</u> Macarthur Migrant Resource Centre Level 2/101 Queen Street	February 2003	Ms Samira Maalouf, m) 0421 323 340
	<u>Merrylands</u> Merrylands Community Health Centre 14 Memorial Avenue	February 2003	Ms Gihane Endrawes, m) 0438 092 882 or 9636 5240
CHINESE	<u>Surry Hills (Cantonese)</u> *Australian Chinese Community Ass 2 Mary St	December 2002	Ms Alice Cheng, m) 0414 499 548 Mr Stan Leung w) 9360 3133 Mr Peter Wong w) 9281 1377
	<u>North Sydney (Cantonese)</u>	Being planned	Ms Alice Cheng, m) 0414 499 548
	<u>Rockdale (Mandarin)</u> St George Migrant Resource Centre 552 Princes Highway	January 2003	Mr Noris Ma, m) 0421 308 162
	<u>Fairfield (Mandarin)</u>	Being planned	Mr Noris Ma, m) 0421 308 162
FARSI	<u>Parramatta</u> Iranian Community Organisation 7/3 Hassal Street	December 2002	Mr Ahmad Afaghi, m) 0404 004 050 aafaghi@yahoo.com Ms Behnaz Nesvadarani, w) 0415 862 042

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	<u>Hornsby</u> Centacare Level 5/20 George Street	January 2003	Ms Behnaz Nesvadarani, w) 0415 862 042
	<u>Granville</u>	Being planned	Mr Ahmad Afaghi, m) 0404 004 050 aafaghi@yahoo.com
GREEK	<u>Liverpool</u> Liverpool Community Mental Health Centre 3 Campbell Street (Cnr Gouldbun St)	December 2002	Ms Antonia Kapsalis, m) 0414 865 637
	<u>Campsie</u> Council Community Centre 2 Carrington Quare	December 2002	Ms Antonia Kapsalis, m) 0414 865 637
	<u>Earlwood</u> The Greek Orthodox Community Home for the Aged 2 Woolcott Street	January 2003	Ms Antonia Kapsalis, m) 0414 865 637
	<u>Rockdale</u> St George Migrant Resource Centre 552 Princes Highway	January 2003	Ms Antonia Kapsals, m) 0414 865 637
KHMER	<u>Cabramatta</u> Australian Centre for Language (acl) 2 Hughes Street	February 2003	Ms Sotha Suos, m) 0417 691 738 Ms Ravy Heng, w) 8717 4023
KOREAN	<u>Burwood</u> Community Welfare Services 45 Belmore Street	January 2003	Ms Jung Sook Kim, m) 0403 821 357
MALTESE	<u>Doonside</u> Doonside Community Health Centre 30 Birdwood Ave	December 2002	Ms Maria De Carlo, m) 0416 119 100
SPANISH	<u>Mt Druit</u> Mt Druit Community Health Centre Burran Close	Being planned	Ms Estela Ruiz, m) 0438 919 829 Mr John Rodondo, w) 9881 1200
	<u>Fairfield</u> Fairfield Community Health Centre Cnr Horsley Drive & Mitchell Street	Being planned	Ms Beatriz Cabral, m) 0407 989 694
TURKISH	<u>Auburn</u> Auburn Council Library- Meeting Room Queen Street	December 2002	Ms Hande Akinci, m) 0408 025 191 honeine@bigpond.com Ms Zekhiye Altug, m) 0414 672 083

Language	Where	When established	Contact person(s)
	<u>Mt Druit</u> Mt Druit Community Health Centre Burran Close	December 2002	Ms Hande Akinci, m) 0408 025 191 honeine@bigpond.com Ms Zekhiye Altug, m) 0414 672 083
	<u>Fairfield</u> Fairfield Community Resource Centre 25 Barbara Street	January 2003	Ms Hande Akinci, m) 0408 025 191 honeine@bigpond.com Ms Zekhiye Altug, m) 0414 672 083
	<u>Wollongong</u> Wollongong Community Health Centre Piccadilly Shopping Centre Cnr Crown Street & Gladstone Ave	Being planned	Ms Zekhiye Altug, m) 0414 672 083 Ms Neemiye Sevim, w) 4229 2755

** BGL is co-facilitator of existing support group
Compiled on 10th Feb 2003*

*For other inquiries please contact:
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