



Central Sydney Division of General Practice

Youth Services Directory 2002

Catering for Young People in the Central Sydney Area



About this Directory.....

This directory has been developed to increase awareness of the services available to young people in the Central Sydney area.

One of the aims of the Youth R.E.A.C.H. Program is to equip GPs to help young people not just with physical health concerns, but also to provide for their mental health, emotional health and social support needs. We hope to encourage the development of stronger links between the youth sector, and GPs who have a special interest in young people.

Networking with other youth service providers will also increase the number of avenues whereby young people may be directed to a youth friendly GP. This is particularly important for some groups of marginalised young people who may not feel comfortable contacting a GP directly and may access a youth service first.

This directory is a guide only- you may find you will be able to add to this list as a result of your own personal networking.

As with any directory, it is important to make further enquiries as to the suitability of a service before a referral or recommendation is made.

It is hoped that this directory will provide a good starting point for obtaining further support for young people, by enhancing knowledge of available services, improving access, and enabling sharing of information and resources.

We hope that you find the Directory helpful.

Regards,
The Youth R.E.A.C.H. Program Team.
Central Sydney Division of General Practice
Level 1/381 Liverpool Road
Ashfield NSW 2131
Ph 9799 0933
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**Please note the services in this directory
have been listed Alphabetically by order of
Suburb.**

Services for Adolescents & Families

FPA Health Youth Team

Address: 328-336 Liverpool Road
Ashfield NSW 2131

Phone: 02 9716 6099

Type of Service: Specialises in young people and reproductive & sexual health through: education & training; short courses & seminars; speakers panel, specialised training for specific interests; program development, delivery & evaluation; information & referrals.

Hours of Service: Mon-Fri 8.30am-5.00pm

Caters for NESB: Yes

Inner West Migrant Resource Centre

Address: Level 3/6-8 Holden Street
Ashfield NSW 2131

Phone: 02 9798 4777

Type of Service: Migrant centre providing information and referral to newly arrived migrants and refugees, including young people

Target: Migrants and refugees

Hours of Service: Mon-Fri 9am-5pm

Caters for NESB: Yes

Wesley Dalmar Youth Services

Address: 1 King Street
Ashfield NSW 2131

Phone: 02 9716 0263

Type of Service: Street Outreach to 12-20 year olds. Living skills training within residential setting for 16-22 year olds catering for males, females, single parents, couples and accompanying children.

Target: 12-22 year olds

Hours of Service: Mon-Fri 10.00am-5.00pm

Caters for NESB: Yes

Glyssn (Gay & Lesbian Youth Social Support Network)

Address: Locked Bag No.3
Beaconsfield NSW 2014

Phone: **02 9382 8346**

Type of Service: A group for same sex attracted young people under 25. Provides a safe and supportive environment where young people have increased access to peer support, health information, resources & referral sources.

Target: **Same sex attracted young people under 25**

Hours of Service: 1st & 3rd Wednesday of the month 6.30pm-8.3.0pm

Caters for NESB: Yes

Barnardos Canterbury Streetwork Program

Address: Belmore Youth Resource Centre
Building 3, Redman Parade
Belmore NSW 2192

Phone: **02 9718 0160**

Type of Service: Provide personal and practical support, including information and referral, to young people on a range of issues including health (including AOD), legal, accommodation, family issues, education/training, employment and recreation.

Target: **Young people aged 12-18 years using or at risk of using alcohol or other drugs who frequent the streets and other public places in the local area.**

Hours of Service: Monday-Friday 9.30am-5.30pm, hours are flexible

Caters for NESB: Yes

Barnardos Canterbury -Marrickville Reconnect Program

Address: Belmore Youth Resource Centre
Building 3, Redman Parade
Belmore NSW 2192

Phone: **02 9718 8645**

Type of Service: Support is provided to assist young people and their families address the issues related to the young person's leaving home. If return to home is not appropriate, then to assist the young person establish suitable alternatives.

Target: **Young people 12-18 years at risk of leaving home or who have recently left home.**

Hours of Service: Monday-Friday 9.30am-5.30pm

Caters for NESB: Yes

Regional Violence Prevention Specialist

Address: 24 Burleigh Street
Burwood NSW 2134

Phone: **02 9715 0448**

Type of Service: Projects for the prevention of violence against women

Target: **Women**

Caters for NESB: Yes

Burwood Police and Community Youth Club

Address: 17 Deane Street
Burwood NSW 2134

Phone: **02 9744 0136**

Type of Service: Youth facility which has recreational, sporting, cultural and educational based programs.

Target: **Youth at risk**

Hours of Service: Mon-Fri 8am-8pm

Caters for NESB: Yes

Wyatt Lodge Youth Accommodation Service

Address: 2 Wyatt Avenue
Burwood NSW 2134

Phone: 02 9747 4340

Type of Service: Fully supported medium to long term accommodation for 13-17 year olds. Basic living skills program.

Target: 13-17 year olds

Hours of Service: 24 hours

Caters for NESB: Yes

Adolescent Medical Consultancy Service

Address: Level 9, Queen Mary Building
Grose Street
Camperdown NSW 2050

Phone: 02 9515 3840

Type of Service: Education, support and advocacy consultancy for young people living with complex chronic illness and using the acute care facilities of C.S.A.H.S.

Target: 12-24 year olds

Hours of Service: Mon-Thurs 8.30am-6.30pm

Caters for NESB: Yes, using standard hospital interpreter services

Under 20's Antenatal Clinic/Education Service

Address: King George V
Missenden Road
Camperdown NSW 2050

Phone: 02 9515 7924

Type of Service: Antenatal clinic service for young pregnant women. Information/support group for young pregnant women and support people.

Target: Young pregnant women under 20

Hours of Service: Appointment, Antenatal clinic Wednesday morning and information & support group Friday.

Caters for NESB: Yes

Central Sydney Drug Health Service

Address: Level 3, Building 82
Royal Prince Alfred Hospital
Camperdown NSW 2050

Phone: 02 9515 7611

Type of Service: Drug and Alcohol Service: Counselling, Consultation, Methadone, Bupremorphine, Referral, Medical Clinic, Hep C Treatment, Hep B Vaccination, Smoking cessation, Cannabis groups, Detoxifications service.

Hours of Service: Mon-Fri 8.30am-5.00pm, Methadone Mon-Sat

Caters for NESB: Yes

Cellblock Youth Health Service

Address: 142 Carillon Avenue
Camperdown NSW 2050

Phone: 02 9516 2233

Type of Service: Holistic Health Service providing medical, dental, counselling, health promotion, visual arts and music services to at risk and homeless young people.

Target: 12-20 year olds from the Central Sydney Area

Hours of Service: Mon, Tues, Thurs, Fri 9.00am-5.30pm Wed 2.00pm-5.30pm

Caters for NESB: Yes

CSAHS: Youth Nutritionist

Address: Level 4, Queen Mary Building, RPAH
Camperdown NSW 2050

Phone: 02 9515 3303

Type of Service: This is a youth nutrition project which aims to improve the nutritional awareness of youth workers and youth.

Target: Youth workers and youth

Caters for NESB: Manual will cater for multicultural diets

School Link Program CSAHS

Address: Rivendell
Hospital Road
Concord West NSW 2138

Phone: **02 9736 2288**

Type of Service: Liaison between mental health services and schools.

Hours of Service: Mon-Fri 9.00am-5.00pm

Caters for NESB: Yes

Stepping Stone House

Address: 227 Wardell Road
Dulwich Hill NSW 2203

Phone: **02 9558 3529**

Type of Service: Medium to long term youth accommodation, independent living program, family counselling, parent support programs.

Hours of Service: 24 hours, Family Counselling: Tues, Wed & Fri 9.00am-5.00pm

Caters for NESB: Yes

Care Employment

Address: 196 Liverpool Road
Enfield NSW 2136

Phone: **02 9745 1529**

Type of Service: Employment assistance service to people with a psychiatric disability.

Target: **Priority Group 15-24 years**

Hours of Service: Monday-Friday 8.30am-5.00pm

Caters for NESB: No

Erskineville Youth Centre

Address: 60 Prospect Street
Erskineville NSW 2043

Phone: **02 9517 1833**

Type of Service: Youth Centre
Target: **Young people 11-16 years**
Hours of Service: Mon-Thurs 10.00am-6.00pm, Fri 12-8.00pm, Sat 12-4.00pm
Caters for NESB: Yes

Erskineville Youth Housing Incorporated

Address: 13 Knight Street
Erskineville NSW 2043

Phone: **02 9557 2810**

Type of Service: Medium term supported accommodation
Target: **Young people 16-19 years**
Caters for NESB: Yes

Community Adolescent Mental Health

Address: 2A Hereford St
Glebe NSW 2037

Phone: **02 8585 5000**

Type of Service: Mobile adolescent mental health team for young people 12-18 years old. Team provide mental health assessment, support, individual and group work, case management, advocacy and facilitates access to other services. Provides information/Education for Early Intervention in Mental Health.

Target: **Young People 12-18 years**
Hours of Service: Mon-Fri 8.30-5.00pm
Caters for NESB: Yes

Glebe Youth Service

Address: 84 Glebe Point Road
Glebe NSW 2037

Phone: 02 9552 2873

Type of Service: Support work, gender groups- life skills, recreation & school holiday programs, camps, arts projects, Aboriginal leaving care/after care, links to learning Years 7-10 students.

Target: Young People 12-24 years

Hours of Service: Mon-Fri 9.00am-5.00pm

Caters for NESB: Yes

Leichhardt Women's Community Centre

Address: 55 Thornley Street
Leichhardt NSW 2040

Phone: 02 9560 3011

Type of Service: GP & women's health nurse clinics for sexual health, domestic violence, sexual assault issues, depression, stress, naturopathy and acupuncture. Counselling in a variety of languages.

Target: Services available to all women, general & D & A counselling to financially disadvantaged e.g. students, pensioners, sole parents

Hours of Service: Closed Wed & other days between 1 & 2pm, Mon & Fri close 5.30pm, Tues & Thurs close 7.30pm

Caters for NESB: Interpreters by appointment

Centrelink

Address: 23 Balmain Road
Leichhardt NSW 2040

Phone: 132 490

Type of Service: Income support and related services for people looking for work, youth and students, families with children, and people with disabilities and carers.

Hours of Service: Mon-Fri 8.30am-4.30pm

Caters for NESB: Yes

NSW Association for Adolescent Health

Address: 1 Marlborough Street
Leichhardt NSW 2040

Phone: **02 9569 7333**

Type of Service: Youth Health Peak for New South Wales
Hours of Service: Mon-Fri 8.00am-4.30pm

Centrelink

Address: 373 Illawarra Road
Marrickville NSW 2204

Phone: **132 490**

Type of Service: Income support and related services for people looking for work, youth and students, families with children, and people with disabilities and carers.

Hours of Service: Mon-Fri 8.30am-4.30pm
Caters for NESB: Yes

INNARI Housing Incorporated

Address: 1st Floor, 201 Marrickville Road
Marrickville NSW 1475

Phone: **02 9518 3133**

Type of Service: Medium term (3-12 months) supported accommodation for women and women with dependant children who need supported accommodation
Target: **Women**
Hours of Service: Mon-Fri 9.00am-5.00pm (by appointment only)
Caters for NESB: Yes

Rosemount Youth & Family Services Incorporated

Address: 440 Marrickville Rd
Marrickville NSW 2204

Phone: 02 9560 4588

Type of Service: Day program for young people and a counselling service for families of sexual assault victims

Target: Young People

Hours of Service: Mon-Fri 8.30am-5.00pm A/H by appointment

Caters for NESB: Yes

Barnardos Marrickville Streetwork Program

Address: 100a Silver Street
Marrickville NSW 2204

Phone: 02 9564 6799

Type of Service: Provide personal and practical support, including information and referral, to young people on a range of issues including health (including AOD), legal, accommodation, family issues, education/training, employment and recreation.

Target: Young people aged 12-18 years using or at risk of using alcohol or other drugs who frequent the streets and other public places in the local area.

Hours of Service: Monday-Friday 9.30am-5.30pm, Hours are flexible

Barnardos Post Release Options Program

Address: 100a Silver Street
Marrickville NSW 2204

Phone: 02 9564 6799

Type of Service: To provide personal and practical support to young people and to support their reintegration to their families and communities. Support is provided on a range of issues including: health (including AOD), legal, accommodation, family issues, education/training, employment and recreation.

Target: Young people aged 12-18 years from non English speaking backgrounds who have come in contact with the juvenile justice system

Hours of Service: Monday-Friday 9.30am-5.30pm

Caters for NESB: Yes

Marrickville Youth Resource Centre

Address: Yabsley Avenue
Marrickville NSW 2204

Phone: **02 9564 3222**

Type of Service: Provide recreational, educational and cultural services to young people in the Marrickville local government area.

Target: **Young people 12-25 years**

Hours of Service: 10.00am-6.00pm Mon-Fri

Caters for NESB: Yes

Livingstone Road Sexual Health Centre

Address: 182 Livingstone Road
Marrickville NSW 2204

Phone: **9560 3057**

Type of Service: Sexual Health Services for all members of the community

Hours of Service: Mon 12.30pm-3.30pm Tues 9.30am-12.15pm Wed 2.00pm-5.00pm Thurs 4.00pm-7.15pm Fri 12.00-3.00pm

Caters for NESB: Yes

Come in Youth Resource Centre

Address: 457-459 Oxford Street
Paddington NSW 2021

Phone: **02 9331 2691**

Type of Service: Youth centre, counselling service, drop-in, housing support/advocacy, some basic needs facilities, early intervention program:HYPAs for under 18's

Target: **Young People 15-23 years**

Hours of Service: Mon-Fri 10am-6pm

Caters for NESB: Spanish, Italian, German and Turkish

Stanmore Intensive Programs Unit (Dept Juvenile Justice)

Address: 22 Middleton Street
Petersham NSW 2049

Phone: 02 9560 4755

Type of Service: Counselling and group work service for juvenile offenders mandated to attend the unit by the children's court

Target: **Juvenile Offenders**

Hours of Service: Mon-Fri 8.30am-5.00pm A/H Available

Caters for NESB: Yes

Adolescent Service

Address: Superintendent Cottage, Prince of Wales Hospital
Cnr Avoca & High Streets
Randwick NSW 2031

Phone: 02 9382 4342

Type of Service: Multidisciplinary adolescent mental health team catering for teenagers and families experiencing difficulties adjusting to change and problems in their lives. Referrals accepted. Service available only to residents of South Eastern Sydney Area Health Service.

Hours of Service: Mon-Fri 8.30am-5.30pm

Caters for NESB: Yes

Streetwize Communications

Address: Suite 6/245 Chalmers Street
Redfern NSW 2016

Phone: 02 9319 0220

Type of Service: Streetwize produces accessible, relevant and easy to understand resources for a range of target groups including young people, indigenous people, people of NESB backgrounds and people with low literacy.

Inspire Foundation

Address: PO Box 1790
Rozelle NSW 2039

Phone: 02 9818 3055

Type of Service: Uses the internet to help young people get through tough times.

Target: Young people 12-24 year olds

Hours of Service: 24 hours, 7 days a week

Caters for NESB: Yes

Holyoake

Address: Suite 1/561 Military Road
Spit Junction NSW 2088

Phone: 02 9968 4033

Type of Service: Holyoake provides support, psycho education and therapy for children/siblings of alcohol, drug or other addiction

Target: Children and young people 5-18 years

Hours of Service: Groups- Saturdays and after school, Mon-Fri 9am-5.00pm

Caters for NESB: Yes

Community Justice Centre

Address: 13/227 Elizabeth Street
Sydney NSW 2000

Phone: 02 9262 7844

Type of Service: The Community Justice Centre (CJC) provide a mediator service for people in dispute e.g. between parents and children fighting

Hours of Service: Seven days a week, during and after business hours

Caters for NESB: No

Woolloomooloo Youth Centre

Address: corner Nicholson & Dowling Streets
Woolloomooloo NSW 2011

Phone: **02 9356 3063**

Type of Service: Youth Centre
Target: **Young people 11-16 years**

Hours of Service: Mon-Thurs 10.00am-6.00pm, Fri 12-8.00pm, Sat 12-4.00pm
Caters for NESB: Yes

Drug Programs Bulletin NSW Health

Phone: **02 9424 5905**