

Looking after the GP's health and wellbeing - 2007 Inner West Psychological Service Providers Directory

Locality / Suburb (including accessibility by public transport)	Surname	First Name	Provider's Service Name & Street Address	Phone, Fax & Mobile numbers	Email address	Availability - Days & Times	Professional Qualification / Client Type / Types of Therapy / Area of Expertise or Speciality / Registration with Medicare / Languages Spoken
Abbotsford - located very close to bus stop in Abbotsford Cove Drive, Abbotsford.	McGee	Patrick	About Counselling Solutions. Located at 11/3 Abbotsford Cover Drive, Abbotsford	Phone 9713 9198 Fax 9692 9255 Mobile 0414 323 923	psychpm@bigpond.net.au	Monday to Friday 9am - 1pm and 2pm - 7pm. Saturday morning 8:30am - 1:30pm	Psychologist - children, adolescents & adults. Triple P Parenting Skills, child & adolescent behaviour problems, ODD, ADHD, conduct disorder, depression, anxiety disorders, OCD, PTSD & stress in young and adults, Autism, Asperger's syndrome, intellectual disability; family therapy; couples therapy; anger management and conflict resolution; CBT; behavioural therapy and brief solution therapy. Registered with HIC Medicare Plus initiative. Registered with most private health funds. Concession rates available to unemployed, pensioners and young.
Annandale	Diggs	Susan	Braidwood. Located at 152 Johnston Street Annandale	Phone 95526096 Fax 9552 6037 Mobile 0419 616 248	paulalmond@unwired.com.au	Wednesday PM, Thursday & Friday AM & PM	Psychologist - Individual and Relationship counselling. Depression, Anxiety & Sexual Abuse counselling.
Annandale	Duncan	Bob	87 Albion Street Annandale	Phone 9564 6102 Fax 9904 1983 Mobile 0438 400 015	bcla6920@bigpond.net.au	Monday to Thursday (evenings). Monday, Thursday & Saturday (day only)	Clinical Psychologist - Adults, Couples, Clinical Supervision. Full range of Adult Disorders.
Ashfield	Port	Simon	Innecity Psychology Services Pty Ltd. Located at Community Centre 131 Smith Street Summer Hill	Phone 9651 6645 Fax 9651 6610	psychology@dodo.com.au	Monday to Friday 9am - 7:30pm & Saturday 9am - 12:30 noon	Clinical Psychologist - Cognitive behaviour therapy, Cognitive restructuring, behavioural interventions, interpersonal therapy, Motivational interviewing, Anxiety management, Systematic desensitisation, Anger Management, Assertiveness training, Solution free therapy, Graduated exposure techniques, drug and alcohol and substance abuse management, Self esteem building, Relationship counselling (couples, family) Counselling available in Slovenian, Croatian & Serbian available.
Ashfield - Located 15 minutes walk from Ashfield station. Buses are available from Ashfield station.	Chan	Judy	Judy Chan Psychological Services. Located at 83 Milton Street Ashfield	Phone 9716 1472 Fax 9799 6585	judy.chan@tcs.net.au judy.chan@wesleymission.org.au	Monday 3pm - 6pm and Friday 9am - 3pm	Clinical Psychologist - Adult mental health, individual therapy. Stress Management, Cognitive Behavioural Therapy(CBT), Dialectical Behavioural Therapy(DBT), Borderline Personality Disorder, Other personality disorders, Depression, Anxiety Disorders, Trauma, PTSD, OCD, Eating Disorder, neuropsychological assessments for adults. Runs a weekly group for people diagnosed with Borderline Personality Disorder. Registered with HIC Medicare Plus initiative. Registered with most major private health funds. Concession rates available Counselling in Cantonese available.

Ashfield - Close to bus and 10min walk to station. From June '07 Also at Summer Hill - 1 min walk to station.	Reese	Helen	Inner West Counselling Education & Lifestyle Services located at 46 Tintern Rd Ashfield & 17 Hardie Ave Summer Hill	Phone: 97983138 or 97991346 Fax: 97983138	Fax: counselling@pacific.net.au	Monday to Friday - 8am to 6pm Saturdays -(alternate)	Counsellor - Credentialed Mental Health Nurse , Master of Counselling; Qualifications in Paediatrics, Mental Health, Fitness & Education. Children, Adolescence & Adults; Disabilities & Aged. Treating Stress & Anxiety Disorders, Depression, Conduct & Behaviour Disorders, Eating Disorders. Individual, Family & Relationship Therapy, Pain & Weight Management, Conflict Resolution, Anger Management. CBT, Psychodynamic, Humanistic Existential Therapy. Registered with H.I.C Medicare, Carers N.S.W. Concession to unemployed, pensioners. Web: www.counsellingservices.com.au
Balmain	Adams	Louise	Self Essentials. Located at 46 Beattie Street Balmain	Mobile 0425 265 873 Fax 9555 4850	louise@self.net.au	Monday to Friday 9am - 7pm	Clinical Psychologist - Cognitive behaviour therapy, group and individual therapy, womens issues, stress management and assertiveness training, couples therapy and sexual stress, Obesity & weight management
Balmain	Cawood	Mary	Balmain Counselling Psychotherapy Centre. Located at 13 Turner Street Balmain	Phone 9810 3141 Fax 9818 8392	mcawood@ihug.com.au	Wednesday, Thursday, Friday (days & evenings) & Saturday (day only)	Psychologist - Individual & relationship counselling re: anxiety, anger management, depression, loss, panic attacks, post-natal depression, sexual issues & relationships
Balmain	Gilbert	Tonie	Acceptance Counselling Service. Located at G11, 1-15 Barr Street, Balmain	Mobile: 0417 276 737 Fax: 9585 2144	accept.counsell@optusnet.com.au	Monday to Friday 9:30am - 5:30pm (other times by appointment)	Psychologist - Treating depression, anxiety, trauma and mental comorbid presentations
Burwood	Hawkins	David	Burwood Consulting. Located at 3/28 Belmore Street Burwood, 2134	Phone 9747 2100 Fax 9747 5840 Mobile 0404 079 589	burwoodcon@optusnet.com.au		Psychologist - Mood disorders, depression, anxiety disorders, personality disorders, drug and alcohol addiction and substance abuse , major mental illness, CBT & interpersonal psychotherapy
Burwood	Pignataro	Anthony	Oasis Counselling & Psychotherapy Centre. Located at Burwood Professional Centre, Suite 30, 12 Railway Parade, Burwood, 2134	Phone 9745 6333 Fax 9745 6344 Mobile 0404 866 722	pignatar@bigpond.net.au	Monday to Friday 8am to 7pm, Saturday 8am to 1pm and Sundays by appointment	Psychologist - CBT, personality disorders, depression, anxiety, trauma, psychosomatic, pain & conversion disorders. NESB services available in Italian, Croatian, Spanish & Arabic. Assessments of executive functioning.
Burwood	Szyndler	Janina	9 Genders Avenue, Burwood, 2134	Phone 9590 4299 Fax 9590 4299 Mobile 0403 959 211	janina.szyndler@optushome.com.au	Monday to Friday 9am to 6pm	Clinical Psychologist - women's mental health, child, adolescent issues and family relationships, autism spectrum disorders(including Aspergers). Registered for HIC Medicare Plus initiative. Registered with most private health funds that cover psychology. Counselling in Polish also available.

City - CBD: located very close to Martin Place and Wynyard railway stations	Fera	Eva	Solutions Counselling Service. Level 29, 2 Chifley Square, Sydney	Phone 9375 2166 Fax 9375 2121 Mobile 0400 363 390	ferapsych@bigpond.com	Please check with provider for availability	Clinical Psychologist - Child, adolescent, adult, older adult, couple, family. / CBT, Family Therapy, Solution focussed brief therapy, Biofeedback, Clinical hypnosis, EEG, HRV training. / Anxiety & phobias, Health related problems, Gambling, Depression, Victim of crime, Relationships, Sex offenders, Lega reports, Work stress, Impulsive behaviours, Couples therapy, Self esteem and self development, Shyness and social skills, Assertiveness training, Stress management. / Counselling available in Hungarian. / Registered with Medicare Australia.
City - CBD	Weightman	Claire	Weightman & Associates . Located at Suite 5, Level 10, 187 Macquarie Street Sydney	Mobile 0412 667 636 Phone/Fax 9557 0865	claire@weightman.com.au	Monday & Tuesday (9am-5pm) Wednesday, Thursday & Friday (8am-11am)	Clinical Psychologist - Anxiety/depressive disorders. Compulsive/behavioural issues. Trauma. Work related stress. Couple therapy. Grief, loss, post-traumatic stress, , legal reports, crime victims, service veterans. Registered for HIC Medicare Plus initiative; approved Victims of Crime Tribunal psychologist; Veterans Affairs approved psychologist. Discount rates negotiable for unwaged and students.
City - CBD: located very close to St James railway station	Collins	Emma	Emma Collins. Located at Suite 1011-1012 Level 10, 155 King Street, Sydney CBD	Mobile 0414 821 923 Fax 9517 2145	emmacollins@mitchellcs.com	Mondays, Wednesdays and Fridays (8am to 7:30pm). Tuesdays & Thursday (5pm to 7:30pm). Saturdays (by appointment)	Psychologist - Specialisation in cognitive behavioural therapy, psychodynamic and schema work. Trauma work, expertise in depression, anxiety (including training in cool kids programs) and anger management, conduct, personality and behavioural disorders (child and adolescent). Sexually abusive behaviour. Drug & alcohol and substance abuse including motivational interviewing and relapse prevention. Private patients charged \$110 per hour plus GST but can provide some concession slots, reviewed on a case by case basis. Also works with families, groups and couples having had most experience in group work.
Glebe	Hopwood	Sally	152 Glebe Point Road Glebe	Mobile 0412 195 776 Fax 9552 1957	sally.hopwood@ozemail.com.au	Tuesday 8am - 5pm	Clinical Psychologist - Adults, couples and adolescents. CBT, post traumatic stress, trauma, anxiety, depression and eating disorders. Registered with HIC Medicare Plus initiative. Registered with most private health funds.
Leichhardt	Parr	Phyllis	The Centre at Rozelle. Located at 743 Darling Street, Rozelle 2039	Mobile 0419 485 818 Fax 9685 9613	p.parr@uws.edu.au	Monday to Friday (evenings), Saturday (all day)	Clinical Psychologist - depression & anxiety
Leichhardt	Renner	Philomena	The Macauley St Practice. Loctaed at Cnr Macauley & Norton St, Leichhardt	Mobile 0411 046 008 Fax 9564 1024	Dr.Renner@gmail.com	Tuesday & Wednesday 5pm -9pm	Clinical Psychologist - Cognitive Behaviour Therapy, Schema therapy, Dialectic Behaviour Therapy, Mindfulness based therapy and Acceptance and Commitment Therapy - individual, couples and groups
Leichhardt - Bus stop outside premises or a short walk from Parramatta Road.	Smith	Alison	Marion Street Counselling & Psychotherapy Centre. Located at 10 Marion Street Leichhardt 2040	Phone 9642 5699 Fax 9772 6736	dr_alison_smith@hotmail.com aj.smith@uws.edu.au	Monday 2pm-9pm, Wednesday 5pm - 9pm, Thursday 2pm -9pm & Saturday 2pm -7pm	Psychologist - All ages, child, adolescent & adults. Anxiety (panic, phobias, social phobia, performance). Stress management. Hypochondriasis. Living with chronic illness. Adherence to medication and life-style changes. Drug & alcohol and substance abuse addiction. Healthy anxiety, Motivational interviewing, financial management, relationship difficulties, work problems, stress, gambling, addiction, social phobia

Leichhardt and City - CBD	Hanna	Diane	Silver Lining Psychology. Located at 10 Marion Street Leichhardt and 260 Castlereagh Street, Sydney	Mobile 0421 450 243 Fax 8920 2309	silverliningpsychology@hotmail.com	Mondays 2pm - 9pm at Leichhardt Tuesday, Thursday, Friday 8am - 4pm at Castlereagh St Sydney. Other times by appointment	Psychologist - Adolescents, adults and couples. CBT, IPT, motivational interviewing and narrative therapies. Anxiety, depression, stress management, relationships, work related issues, drug and alcohol addiction and substance abuse , vocational counselling assessments. Registered with Medicare Plus initiative and with most private health funds.
Leichhardt: Located close to Norton Street bus routes	Evans	Matthew	Inner West Allied Health Centre. Located at Suite 5, Level 1, 267-277 Norton Street Leichhardt	Phone 9518 3400 Fax 9518 3500 Mobile 0413 190 471	matt@alliedhealth.net.au	Monday: 9am- 7pm Tuesday: 9am -6pm Wednesday: 9am -7pm Thursday: 10am - 6pm	Psychologist - Adults, adolescents & families - Depression, Anxiety, Relationship issues, Personal Crisis, Stress, Workplace issues, Bullying, Trauma. Uses CBT, IPT, Solution Focussed Therapy and Mindfulness meditation. Registered with the HIC Medicare Plus initiative. Concession rates available for unwaged, pensioners & young people. Registered with most private health funds that cover psychology.
Leichhardt: Located close to Norton Street / Parramatta Road and public transport.	Locke	Judith	Marion Street Counselling & Psychotherapy Centre. Located at 10 Marion Street Leichhardt 2040	Mobile 0423 155 902 Fax 9380 2046	judith@judithlocke.com	Tuesday, Wednesday & Thursday 10am – 8pm. Other days by appointment.	Clinical Psychologist - Adults, adolescent, children and family problems treated and child educational assessments. Anxiety, depression, stress, relationships, workplace issues, anger & communication problems, family issues & child management. Former school teacher and workplace trainer. CBT / IPT / DBT / Narrative / Brief therapy. Registered with HIC Medicare Plus initiative. Registered with most private health funds that cover psychology. Credit cards accepted. www.judithlocke.com
Lilyfield: Located close to light rail and bus routes in Lilyfield (free parking also available).	Flatt	Jennifer	371 Catherine Street, Lilyfield	Phone 9564 1998 Fax 9564 6127	jenny78f@yahoo.co.uk	Monday to Friday 9am to 7pm, Saturday 9am to 1pm	Clinical Psychologist - Adults & couples - CBT, anxiety, depression, stress, trauma, dealing with difficult diagnoses, smoking, relationships. Registered with HIC Medicare Plus initiative. Concession rates available for unwaged and pensioners. Registered with most private health funds that cover psychology.
Marrickville	Bokor	Judy	Inner West Psychological Services. Located at 400 Marrickville Road, Marrickville	Phone 9569 7011 or 9817 2522 Fax 9569 7455 Mobile 0419 481 275	imbokor@hotmail.com		Psychologist - Adults - depressions, anxiety, phobias, obsessive compulsive disorder, PTSD, grief, smoking, pain management, occupational stress, post natal depression, ante-natal stress management, sexual disorders, panic disorder, victims of crime, survivors of childhood sexual assault, social phobias, relationship difficulties & assertiveness training.
Rhodes	Revill	Jessica	Heart Menders. Located at The Rhodes General Practice 1 River Boulevard Rhodes Shopping Centre Suite 702B Rhodes	Phone 1300 720 889 Fax 8754 3033 Mobile 0425 377 909	Jessica@heartmenders.com.au	Monday -9am -2pm, Tuesday, Thursday & Friday - 9am - 7pm & Wednesday 7am - 9pm	Clinical Psychologist - Depression, Anxiety, Eating disorders, Treat adolescents

<p>Rozelle - located by short walk from Victoria Rd (many buses leading to and from City and 5 minutes bus ride from practice)</p>	<p>Macleod</p>	<p>Zane</p>	<p>The Centre at Rozelle. Located at 743 Darling Street, Rozelle</p>	<p>Mobile 0411 247 430 Fax 9874 0008</p>	<p>zanemacleod@ozonline.com.au</p>	<p>Monday, Wednesday & Friday - 8:30am - 7:30pm.</p>	<p>Clinical Psychologist - Adults, adolescents, families, group or individuals. Asperger's Syndrome, Child, Adolescent, Family, Neuropsychological Assessment for young people. Family therapy, parenting skills, Anxiety disorders, Depressive disorders, behavioural disorders, conducting CBT for anxiety disorders, panic attacks, anger management & workplace stress in adults, DBT, Motivational interviewing interventions, neuropsychological assessment of children, Learning disorders, Smoking cessation, OCD & self harm. Registered with most major private health funds. Concession rates available on a case by case basis.</p>
<p>Stanmore - located close to Stanmore train station, and walking distance from Enmore Rd.</p>	<p>Finnigan</p>	<p>Judy</p>	<p>CBT Clinical Psychology Centre. Located at 28 Harrow Road Stanmore</p>	<p>Phone 9557 7420 Fax 9557 0174 Mobile 0407 017 410</p>	<p>Judith.finnigan@bigpond.com</p>	<p>Mondays and Friday appointments available till 7pm.</p>	<p>Psychologist - Specialist Alcohol and Drug Treatment, Individual and/or family interventions/therapy, Motivational Interviewing, Relapse Prevention, Moderation Training, CBT and psychodynamic psychotherapy, includes co-morbidity/range of disorders that present with drug & alcohol and substance abuse problems eg. personality disorder, anxiety and mood disorder etc. Registered with HIC and other private health funds. Concession rates available.</p>
<p>Summer Hill: located opposite Summer Hill train station</p>	<p>Perlmutter</p>	<p>Evelyn</p>	<p>Inner West General Practice at Summer Hill. Located at 130 Smith Street, Summer Hill</p>	<p>Phone & Fax 9130 7647 Mobile 0411 788 764</p>	<p>eviperlmutter@hotmail.com</p>	<p>Monday to Friday 8am to 5pm</p>	<p>Clinical Psychologist - Adults, individuals and couples. Specialising in depression, anxiety, life crises, trauma, grief, parenting & relationships. Using CBT, hypnosis, stress management, EMDR AHST(affect management) & solution focussed therapy. registered with HIC Medicare Plus initiative. Registered with all private health funds which cover psychology or clinical psychology.</p>
<p>Waterloo: located 10 min walk from Green Square train station and 40 metres from bus stop</p>	<p>Hurst</p>	<p>Stephanie</p>	<p>Located at 225 Cope Street, Waterloo</p>	<p>Phone 9698 5415</p>	<p>stephaniehurst@bigpond.com</p>	<p>Please check with provider for availability</p>	<p>Psychologist & Occupational Therapist - Child, Adolescent, Adult, Older Adult, Couple and Families / CBT, Family Therapy, Gestalt(psychodrama therapy), Humanistic, Jungian, Solution focussed brief therapy, Relaxation Therapy and Meditation Training, Art & Creativity Therapies. / Addictions, Anxiety & phobias, Depression, Pain Management, PTSD, Stress management, Critical incident stress debriefing, Anger management, Assertiveness training, Relationships, Grief and loss, Sleeping disorders, Life transition and adjustment issues, Self esteem and self development, Eating disorder, Weight management / Registered with Medicare Australia.</p>